



ORTHOPEDIC SURGERY

CHRISTINE KOHLER EKSTRAND, M.D.
Delray Medical Staff
West Boca Medical Center Staff

5258 Linton Blvd.
Suite 305
Delray Beach, FL 33484
(954) 251-6051 Fax (954) 653-7207
EkstrandOrtho@gmail.com

EMPLOYMENT

06/2022-current **Advanced Orthopedic Surgery & Sports Medicine, Inc.** Delray Beach, FL
Orthopedic Surgeon, Board Certified

- Delray Medical Center Faculty.
- West Boca Medical Center Faculty.
- Adult & Pediatric Private Practice.
- Sports Physician for USTA Women's Pro Tennis Circuit.

08/2001-06/2022 **University Sports Medicine & Orthopedic Surgery, Inc.** Los Angeles, CA

Orthopedic Surgeon, Board Certified

- Clinical Faculty at UCLA.
- Adult Private Practice setting operating at UCLA.
- Pediatric Sports Medicine Clinic at Orthopedic Hospital.
- Teaching Faculty of UCLA & Harbor/UCLA Residents.
- Independent Medical Examiner for City Attorney Office.

07/2000-06/2001 **University of California Los Angeles** Los Angeles, CA

Arthroscopic Surgery and Sports Medicine

- Team Physician of UCLA Cross-Country, Swimming, Tennis.
- Assistant Team Physician of UCLA Football.
- Clinical Instructor of Residents and Medical Students.

06/1990-06/1991 **Motorola** Austin, TX
Microbiologist

- Water purification testing for wafer production.
- Devised and implemented ways to improve water purification

EDUCATION

07/1995-06/2000 **Albert Einstein Affiliated Hospitals/ Montefiore Medical Center** Bronx, NY
General Surgery Intern/Orthopedic Surgeon Resident

- Broad Exposure in Public & Private Hospitals, including Level 1 Trauma Center.
- Devised Animal Model for Researching Pediatric Bifid Femoral Heads.
- Assistant Team Physical of Local High-School and College Football.
- General Surgery residency 07/95-06/96

08/1991-06/1995 **Texas Tech University Health Sciences Center** El Paso, TX
Doctor of Medicine, May 1995

- Vice-President of Medical School Class.
- Representative of TMA Sports Medicine & Rehabilitation Committee.
- Medical Provider on Mission Trips to Mexico.

06/1987-05/1990 **University of Texas** Austin, TX
Bachelor of Arts in Biology, May 1990

- Dean's List for Academic Excellence.
- NCAA Division I Singles & Doubles Varsity Tennis Player.

DIPLOMATE, AMERICAN BOARD OF ORTHOPEDIC SURGEONS

Sports Medicine Arthroscopic Surgery Regenerative Medicine General Orthopedics



ORTHOPEDIC SURGERY

CHRISTINE KOHLER EKSTRAND, M.D.

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West Boca Medical Center Staff

PUBLICATION/PRESENTATION

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Delray Beach, FL 33484

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EkstrandOrtho@gmail.com
Los Angeles,
CA

2000-2001

University of California Los Angeles

- Hame S, Kohler-Ekstrand C, Ghiselli G: Acute Bucket-Handle Tear of the Medial Meniscus in a Golfer. *Arthroscopy*, Vol. 17, No. 6, 2001.
- Orthopedic Surgery Resident Lecture Series:
1. Articular Cartilage 2. Tendon Function
- Nursing School Lecture Series: The Shoulder

1995-2000

Albert Einstein Affiliated Hospitals/Montefiore Medical Center

Bronx, NY

- Kohler-Ekstrand C, Seimon L: The Bifid Femoral Head – A Case Report. Presented at the New York City Pediatric Orthopaedic Society, 1998.
- Marguiles J, Songer M, Kohler-Ekstrand C: Congenital Kyphoscoliosis. *Spine. State of the Art Reviews*. Vol. 12, No. 1, 1998.
- Marguiles J, Armour T, Kohler-Ekstrand C: Revision of Fusion from the Spine to the Pelvis: Considerations. *Revision Spine Surgery*. Ed; Marguiles. Mosby. 1998.
- Marguiles J, Kohler-Ekstrand C: Revision of Fusion from the Spine to the Pelvis. Presented at the Italian Orthopaedic Meeting, 1997.

PUBLICATION/PRESENTATION

1991-1995

Texas Tech Health Sciences Center

El Paso, TX

- Kohler C, Gonzalez E, Verghese A: Primary Pulmonary T-cell Lymphoma associated with AIDS. *The American Journal of Medicine*. 99(3): 324-6, 9/1995.

Summer 1992

University of Chicago – Pritzker School of Medicine

Chicago, IL

- Taitz A, Pottenger L, Wilcox J, Kohler C: Proteoglycan Aggregate Ultrastructure of Extracted Human Cartilage. Presented at the 39th Annual Meetings of the Orthopaedic Research Society 1993; Vol. 18-2, p. 174.

AWARDS

- Outstanding Athletic & Scholastic Achievement Award in College.
- Golden Key & Beta Beta Beta Biology National Honor Societies.
- Hospital Volunteer Excellence Award.

MEMBERSHIPS

- American Academy of Orthopedic Surgeons, Diplomate
- American Medical Association
- Ruth Jackson Orthopedic Society
- Florida Orthopedic Society

PERSONAL

- Married with 7 children
- Hobbies include Dressage, Scuba-Diving, and Bridge.

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